



## THE RITE JOURNEY IS A YEAR LONG PROGRAM DESIGNED TO:

- ✓ acknowledge & celebrate each student's shift into adulthood
- ✓ offer conversations & experiences to guide this transition
- ✓ foster connections with positive adult role models
- ✓ educate & include parents/carers in the process
- ✓ connect students with their strengths & build self-awareness
- ✓ transform school culture by developing responsibility

## 4 THEMES THROUGHOUT THE YEAR:



### WHO AM I REALLY?

Students gain an understanding of themselves by exploring self-identity and the expectations placed on them by society. Topics include self-awareness, gender identity and body image.



### HOW DO I GET ALONG WITH OTHERS?

This theme assists students in exploring their role in relationships. Conversations include emotional literacy, listening, non-violence, anger management and healthy sexuality.



### IS THERE SOMETHING MORE?

Throughout this unit students reflect on some of the deeper aspects of life including stillness, mindfulness, values, sadness, happiness, mortality and wisdom.



### WHAT DO I HAVE TO GIVE?

The final theme prompts students to consider their future, what they have to offer the world and calls them to responsibility. Topics include leadership, intentions, kindness and gratitude.

## A CONTEMPORARY RITE OF PASSAGE

In 1909 anthropologist Arnold Van Gennep recognised that most cultures transitioned individuals from one social role to another by way of what he termed 'rites of passage'. He recognised three distinct elements throughout different cultures: separation, transformation and reincorporation.

The Rite Journey acknowledges the lack of this process in western culture and reinvents this transition into adulthood using a Hero's Journey. It expands the 3 elements into seven stages.



### THE CALLING

At a significant local landmark the students show gratitude for their childhood and are called on their journey to adulthood.



### THE DEPARTURE

Parents, carers and mentors join the students for an opportunity to learn, reflect and look forward.



### THE FOLLOWING

The students are guided throughout the year by a number of supportive adults including teachers, parents/carers and mentors.



### THE CHALLENGES

Resilience is built by giving students challenges and helping them acquire the skills, resources and mindset necessary to overcome them.



### THE ABYSS

The biggest challenge of the year takes students out of their comfort zone to help them learn more about themselves.



### THE RETURN

Students reflect on what they have learned and experienced over the year and the gifts and skills they will carry into adulthood.



### THE HOMECOMING

Students are celebrated and honoured at a gratitude ceremony involving teachers, parents/carers and mentors.

### MORE INFO AT

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KING'S BAPTIST  
Grammar School

*presents...*



*Year 9 Program*



# THE CHALLENGES

TO EARN A 'C', STUDENTS NEED TO COMPLETE 4 OF THE CHALLENGE OPTIONS FOR EACH C

## COURAGE

- Sharing your story
- Using your voice – memorise an extended speech/song etc and perform to the class (must be something meaningful to you)
- Stepping out of your comfort zone – eg. wearing pjs on casual day/make a stand/stand up to a bully etc (students may choose to complete two challenges from this category)
- Overcoming a personal fear

## COLLABORATION

- Teach someone else to juggle
- Create something with someone 20 years older than yourself
- Student Led Activity – maybe outside of school (church, scouts, charity)
- Preparation and Engagement in the Year 6 Buddy Program
- Class Creation – chapel service, art project, City To Bay etc

## CAMP

- Complete a variety of challenges on TRJ camp to earn 6 points

## COMPASSION

- Student Led Activity
- Plan and Perform an Act of Kindness
- Pack an Operation Christmas Child Box – this is an activity done with buddies
- Write an encouraging letter to a teacher
- Research a world need/tragedy and share in with the class
- 40 Hour Famine

## COMMITMENT

- Commit to a pre-nominated practice for a term – something that is new, difficult or that could help you
- Learn to juggle
- Overall commitment to TRJ program – attend every ceremony, key event
- Improve a grade in your least liked/hardest subject
- Give up something for a week – must be a challenge
- 40 Hour Famine

## CONSIDERATION

- Make something meaningful for your mum or a mother figure
- Make something meaningful for your dad or a father figure
- Student Led Activity – spend time helping a senior citizen, make something for patients in hospital
- Make a meal for your family from SCRATCH
- Take over a chore for an extended period of time

